

CODEN [USA]: IAJPBB

ISSN: 2349-7750

INDO AMERICAN JOURNAL OF PHARMACEUTICAL SCIENCES

SJIF Impact Factor: 7.187 https://doi.org/10.5281/zenodo.7501948

Available online at: <u>http://www.iajps.com</u>

Research Article

FORMULATION, DEVELOPMENT AND MICROBIOLOGICAL STUDY OF APHRODISIAC CAPSULE, AND IDENTIFICATION AND DETERMINATION OF GALLIC ACID IN *EMBELICA OFFICINALE* BY HPTLC

Yogesh B. Bawne¹, Sharda L. Deore², Bhushan K. Shrikhande³, Sharad S. Dhurde⁴, Unmesh Keshwar⁵

¹Shri Chhatrapati Shahu Maharaj Shikshan Sanstha Institute Of Pharmacy Maregaon-445303, ²Associate Professor and Head of Pharmacognosy Department at Govt. Pharmacy College Amravati-444602, ³Director of Siddhayu Ayurvedic Research and Foundation Pvt. Lit Nagpur, 440024, ⁴Manager of Sidhhayu Ayurvedic Research and Foundation Pvt. Lit Nagpur. – 440024, ⁵QC Head of Sidhhayu Ayurvedic Research and Foundation Pvt. Lit Nagpur-440024

Abstract:

Research has been proposed. The polyherbal formula, only herbal Extract is taken to developed to efficient sexual activity and increase the sexual intercourse, Hydrolysable tannins convert into Gallic acid, Induce erectile dysfunction and antioxidant activity; it is more efficient with Sildenafil and also with Aphrodisiac natural compound. A polyherbal formula was developed which has mostly aphrodisiac activity and antioxidant activity. Raw materials evaluation and specifications were confirmed before development. The specified tannin assay of Awala extract was found to be 27.08% and the total tannins in the Aphrodisiac herbal capsule was found to be 8.31%. 0.67% and 0.93% Gallic acid was calculated in Awala extract and finished capsule. The percentage of saponin is calculated in the finished capsule at about 16.23%. For standardization and identification of gallic acid, the standard Gallic acid was ordered from Sigma Aldrich Company which was 97% pure. The chromatograph of Gallic Acid from Extract, Chromatogram of Gallic acid from Capsule and Chromatogram of Standard Gallic acid were an exact match in the overlaying spectrum of chromatographic conditions. Stability study of aphrodisiac product maintained at Accelerated Conditions (: 40 °c ± 2 °c/75 Rh ± 5 °c).

Materials & Instruments: Camag HPTLC system (Anchrom, Switzerland) consisting of Camag Linomat-V, Camag twin trough Chamber with stainless steel lids for chromatographic development, Camag TLC Scanner- III equipped with cats 4 software for scanning and documentation, and Camag UV cabinet. UV Spectrophotometer. PH meter, Toshcon instruments Pvt Ltd Haridwar. Horizontal laminar Air Flow, kirloskar India Ltd Mumbai. Electronic weighing balance, Mettler Toledo, AG 135, Tokyo. Muffle furnace, Tempo Instruments and Equipments (p) Ltd, Mumbai. Sonicator, Bieora Enterprises, Mumbai. Incubator, Elite Scientific instruments company, Bombay. Chemicals and Media: All chemicals were of analytical grade or HPLC grade. The raw extracts were obtained from Phyto Life Sciences P. Ltd. Ahmadabad, Gujarat, India. Markers were used for analytical method development and quantitative analysis. They were purchased from supplier Sigma Life Sciences Pvt, Ltd. by Siddhayu Ayurvedic Research Foundation Pvt. Ltd. Bahadura. Nagpur.

Conclusion: As per results and Observation, we concluded that all polyherbal formulations should contain natural awala or awala extract. And doctors may write additional vitamin c tablets along with other medication to increase the effectiveness of their medication. Overlining the spectra of three chromatograms was the same at every point, so we concluded and confirmed that standardization of Gallic acid has been successful. During the stability study, the parameters and specifications of aphrodisiac capsules were not changed. Those changed but they were within limits, and that all the activities and efficacy of natural organic compounds were still active.

Keywords: Gallic acid, Ellagic acid, Embillica officinale, Goose barry, Awala, Antioxidant, sexual Dysfunction, HPTLC.

IAJPS 2022, 09 (12), 545-556

Yogesh B. Bawne et al

Corresponding author:

Yogesh B. Bawne,

Shri Chhatrapati Shahu Maharaj Shikshan Sanstha Institute, of pharmacy Maregaon-445303.



Please cite this article in press Yogesh B. Bawne et al, Formulation, Development And Microbiological Study Of Aphrodisiac Capsule, And Identification And Determination Of Gallic Acid In Embelica Officinale By HPTLC.., Indo Am. J. P. Sci, 2022; 09(12).

INTRODUCTION:

Polyherbal preparations [06] [07] [29]:

Polyherbal formulations as mentioned in classical texts of Ayurveda are used by a number of pharmaceutical companies. The polyherbal preparation as a number of ingredients may vary from 2 to 25 or more.

Herbal aphrodisiac: An aphrodisiac is defined as any food or drug that arouses the sexual instinct, induces veneral desire and increases pleasure and performance. Aphrodisiacs can be classified by their mode of action into three types: Those that increase libido, potency, or sexual pleasure. Various substances of animal and plant origin have been used in folk medicines of different cultures to energize, vitalize and improve sexual function, and physical performance in men medicine. Out of these, very few have been identified pharmacologically. ^{[01][02] [05]}

Evaluation of the Herbal Aphrodisiac Product (Capsule) [06] [07]:

Physicochemical Evaluation:

- **Organoleptic evaluation:** Shape, size (diameter and thickness), weight (size and weight determines the density), score (or groove), Imprinting, Color are a few important parameters that need to be evaluated for capsules.
- Weight variation: To know content uniformity, weight variation is an important parameter. 80 mg or less = 10 %; More than 80 mg or less than 250 mg =7.5 %; 250 mg or more = 5 %
- **Disintegration studies:** disintegration is the first step for a drug to become bioavailable. The tablet must first disintegrate and discharge the drug into the body fluids.
- **Heavy metal detection**: Trace elements and heavy metals analysis is used as a standardization

tool of the plant material. As per WHO, the limit for lead is 10 mg/kg and for Cadmium it is 0.3 mg/kg. There are several laboratory methods that determine heavy metal concentrations with accuracy down to the ppm range or below: atomic absorption spectroscopy (AAS), colorimetry, inductively coupled plasma atomic emission spectroscopy (ICP-AES), polarography, selective ion electrodes, X-ray fluorescence, energy dispersive analysis via X-rays (EDAX), and electron microprobe analysis.

- Microbial study: Plant materials normally carry a great number of bacteria and moulds often originating in soil. Current practices of harvesting, handling and production may cause additional contamination and microbial growth. In addition, the presence of aflatoxin in plant material can be hazardous to health if absorbed in very small amounts.
- For contamination of crude plant material intended for further processing.
 - \circ E. Coli 10⁴ per gram.
 - Mould propagules 10^5 per gram.
- For plant material that are used as topical dosage form.
 - \circ Aerobic bacteria max 10⁷ per gram.
 - Yeasts or mould max. 10^4 per gram.
 - \circ E. Coli max. 10² per gram.
- Other enterobacteria max 10⁴ per gram.
 Salmonella none.
- ➢ For plant material use for internal purpose Aerobic bacteria 10⁵per gram.
 - Yeasts or mould max. 103 per gram.
 - E. Coli max. 10 per gram.
 - Other enterobacteria max 103per gram.
 - o Salmonella none.

Bacteria	Media	Observation			
Enterobacteriaceae and other	Violet red bile agar with	Red or reddish in color			
Gram-negative bacteria	glucose and lactose				
Escherichia coli	Maconkey broth	Reddish brown			
		precipitation			
Salmonella Species	Deoxycholate citrate agar	Well developed, colorless			
Pseudomonas aeruginosa	Soyabean- casein digest	Green fluorescence			
	medium				
Pseudomonas aeruginosa	Baird-Parker agar	Black colonies			

Table 1: Medias for various bacterias: [09]

Prepare the selected media and transfer to the petri plate, apply the herbal sample and allow incubation for 24-48 hrs. Then observe and compare colonies.

	Table 2: Standard Gallic Acid				
Sr. no	Compound	Purity	Supplier		
1.	Gallic acid	97%	Sigma Aldrich		

Formulation Profile [15] [20] [24] [25]:

There are a number of polyherbal medicinal preparations available on the market. Siddhayu Ayurvedic Research Foundation Pvt. Ltd. Bahadura ,Nagpur has also developed many polyherbal preparations like sundarikalp, shankhapushpi, turmeric HRx capsule, BLS Ltd. During the interaction with BLS Ltd., we came across different formulations that have been developed by them. One of them is the herbal aphrodisiac capsule. Herbal aphrodisiac capsules have been taken for standardization and validation.

Ingredients of Herbal Aphrodisiac Capsule: Each herbal capsule contains Dry Extract of

- 1. Aswagandha (*Withania somnifera*)
- 2. Gokharu (Terrestris tribulus linn)^[18]
- 3. Pippali (*Pipper longum*)^[19]
- 4. Vidarikand Root (*Pueraria tuberosa*)^[21]
- 5. Awala Fruit (*Embelica officinale*)
- 6. Safed musli(Asparagus adscendens)
- 7. Semal Musli (Bombax mulabaricum)
- 8. Shilajit (Asphaltum)
- 9. Kaunch (beej) (*Mucuna pruriens*)
- 10. Excipients q.s.

Emblica officinalis. (Amalaki)^[10]



Biological source:

The drug consists of fresh and dried fruit of *Emblica officinalis* Gaertn. (Syn. Phyllanthus emblica Linn) of the family Euphorbiaceae.

Synonyms:

- o English: Embelic Myrobalan
- Hindi: Mala.
- o Marathi: Anvala, Avala.



Chemical Constituents:

Ascorbic acid, Gallic acid, chebulinic acid, chebulagic acid, ellagic acid, 3-ethyl Gallic acid, corilagins. Isostrictiniin, terchebin, emblicanin-A and B, punigluconin, pedunculagin, 1-0-galloy1-,6-Dglucose. 3, 6-di~o-galloy1-D-glucose, quercetins.

Major Therapeutic Claims: Bleeding disorders, jaundice, gastritis and anti-diabetes.

Uses: Hepatotoxicity, Anti-inflammatory, Antioxidant.

Total tannins

Assay of Total tannin in Awala extract, [23] [25]: Take 1.0 g extracted powder in a 100 ml volume flask and 50 ml of hot water with constant shaking .When powder goes completely in solution, make up the volume with distilled water up to 100 ml .Filter

reading

Percentage

found

	tannins	Awla Extract	0.09965 g	0.9 ml	7.4 ml	27.08 %	
		aluation and spe	ecification of	aluation obser Embelica office		<u></u>	
		nbelica officinal Phyto Life Scien		ad Gujarat			
Sr. 10	Parameter	S		Passing Lim	its	Observation	
)1	Organolept	ic properties				1	
	State			Fine powder		Complies	
	Colour			Grayish to br	own coloured	Complies	
	Odour and			Characteristic	e odour	Complies	
2	Phytochem	ical characterizat	ion				
	Identificatio	on/ Group detection	on:				
	Ferric chlor	ide test		Positive for saponine		Complies	
	PH (1 % A	queous solution)		3-6		3.89	
	Total Ash	^		NMT	20 %	3.63 %	
	Water solut	ole extractive (W	SE)	NLT	80%	87.0 %	
	Loss on dry	ring(LOD)		NMT 8.0 %		4.12 %	
	Assay (Gal	lic acid)		NLT	20 %	21.67 %	
)3	Heavy meta	hls					
	Arsenic				3 ppm	0.50 ppm	
	Lead				10 ppm	0.98 ppm	
	Mercury				1 ppm	Not detected	
4	Cadmium	• • •		NMT	0.3ppm	Not detected	
4	Microbiolog Total Aerob	gical study bic microbial cou	nt	< 105	⁵ cfu/g	346 cfu/g	
	Total Yeast	/ Mould		< 10 ²	³ cfu/g	29 cfu/g	
	Escherichia	ı .coli		Ab	sent	Complies	
	Salmonella	sp		Ab	sent	Complies	
	1 1	ccus aureous			sent	Complies	
	Pseudomon	as aeruginosa		Ab	sent	Complies	

Table 3: Results of Total tannin in Awla extractMaterialsSampleBlankSample

reading

weight

Development of Aphrodisiac Product (Veg Capsule) [13] [14]:

Gokharu, Vidarikand, safed musli and Semal musli plants are well known aphrodisiacs. But in the presence of Gallic acid (Awala), the potency of sexual activity enhances. Gallic acid is a strong antioxidant and adaptogenic. Studies have proved that Fulvic acid is responsible for some degree of erectile dysfunction and enhances sexual behaviour. Withaferin-A is helpful in strengthening the immunity of a person and enhancing sexual behaviour, Piperine enhances the bioavailability of the chemical compound. Doses of powder of extracts from nine selected plant materials were chosen based on previous literature. Excipients were mixed with accurately weighed extracted powder, sieved and evaluated for powder characteristics. Based on results, final batch B3 was selected.

		Each batch contains 350 capsule's materials				
Sr no	Ingredients	B 1	B ₂	B 3		
1	Ashwagandha extract	20 g	25 g	30 g		
2	Gokhru extract	20 g	25 g	30 g		
3	Pippali extract	20 g	25 g	30 g		
4	Vidarikand extract	20 g	25 g	30 g		
5	Awla extract	20 g	25 g	30 g		
6	Safed musli extract	20 g	25 g	30 g		
7	Semal musli extract	15 gm	17 g	20 g		
8	Shilajit extract	10 mg	13 g	15 g		
9	Kaunch beej Powder	15 mg	17 g	20 gm		
10	DCP	4.550g	4.550g	4.550g		
11	Talk	3.3g	3.3g	3.3g		
12	Stearic acid	1.73g	1.73g	1.73g		
13	Aerosile	1.70g	1.70g	1.70g		
14	Sodium methyl paraben	0.2599g	0.2599g	0.2599g		
15	Sodium propyl paraben	0.100g	0.100g	0.100g		

Table 5: Composition of three trial batches of Aphrodisiac capsules:

Assay of Total tannin in Awala extract and Aphrodisiac capsule: [22]:

Take 1.0 g extract powder in a 100 ml volume flask and 50 ml hot water with constant shaking .When powder goes completely in solution, make up the volume with distilled water up to 100 ml .Filter

Table 6: Results of Total tannin in Awala extract and Aphrodisiac capsule

Total	Materials	Sample weight	Blank reading	Sample reading	Percentage found
tannins	Awla Extract	0.09965 g	0.9 ml	7.4 ml	27.08 %
	aphrodisiac capsule	0.0999 g	0.9 ml	2.9 ml	8.31 %

Percent of Gallic acid in Awala extract:

=	S <u>ample a</u> Standard		Star		oncentration X Pur le concentration	ity X 100 100
=	<u>3251.8</u> x 9237.1	<u> </u>	_ x	<u>97</u> 100	x 100	
=	<u>3154</u> 4664	= 0.67	′ %			

Percent of Gallic acid in Aphrodisiac capsule:

=	Sample area Standard are				ncentration X Purity X	100 100
=	<u>11084.4</u> x 9237.1	1 124.84	x	<u>97</u> 100	x 100	
=	1075 1153	= 0.93 %				

Assay of saponins for Aphrodisiac capsule:

Weigh accurately 1.5 to 2 gm of the material in a beaker. Add 50 ml of petroleum ether $(500' 30^\circ)$ and gently heat to 40° C in bath water for 5 minutes with regular shaking. Filter the petroleum ether and repeat the operation with a further 2x 50 ml of petroleum ether. Discard petroleum ether and preserve the marc. Extract the marc obtained in the previous test with 4 X 60 ml of methanol with mild heating. Filter the methanol layer into another beaker. Concentrate the combined methanol layer to about 25 ml. add 150 ml of dry acetone to precipitate the saponins. Filter the saponins through a tarred glass crucible or through a paper filter and dry at 100° C for constant weight.

Calculation:

Weight of sample = 2.0339 g Weight of filter paper (A) = 1.3650 g Weight of filter paper + residue (B) = 1.6953 A-B = 0.3303 g Percentage of total saponins = $\frac{\text{Weight if residue x 100}}{\text{Weight of sample taken}}$

 $= \underbrace{0.3303 \times 100}_{2.0339} = 16.2397 \%$

Study of Gallic acid by HPTLC Chromatographic condition: [16]

Preparation of reference standard solution:

Accurately weighed 1 mg, in a 100 ml volumetric flask and dissolved in 10ml methanol, Sonicate, filtered and made up volume up to 10 ml methanol.

Preparation of sample (Raw extract) solution:

About 0.1010 gm accurately weighed, added 20 ml of diethyl ether reflux the Residue further for three times more, cool and filtered and combine the filtrate and evaporated up to dryness residue dissolved in 9 ml methanol, Sonicate, filtered and volume made up 10 ml.

Preparation of a sample solution of Aphrodisiac capsule content: 10 capsules were taken and homogeneous capsule powder was made. Accurately weighed 0.3121 g of fine powder and treated with 50 ml diethyl ether and reflux in a water bath for 15 minutes, cool and filtered, evaporate diethyl ether .reflux the Residue further with methanol for three times more, cool and filtered .combine the filtrate and evaporated up to dryness. Then the residue is dissolved in 5 ml of methanol, sonicate, filtered and volume made up to 10 ml of methanol.

Selection of mobile phase: The most usable mobile phase is (Toluene: Ethyl acetate: Formic acid) in (5:4:1) ratio was selected among all mobile phases, was prepared during identification of Protodioscin by HPTLC method

Qualitative estimation:

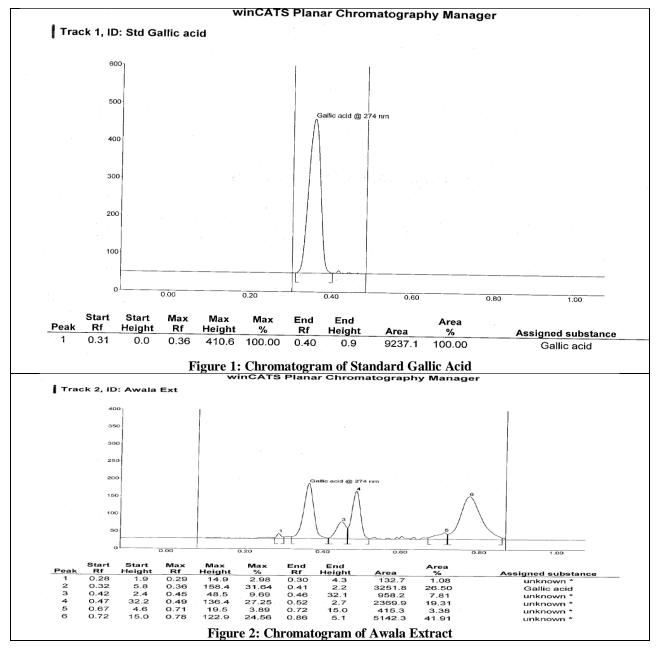
Apply Standard Gallic acid $(1\mu g/\mu l)$, Embelica officinale extract (50.5 $\mu g/\mu l)$, Aphrodisiac capsule (124.84 $\mu g/\mu l$), were applied as (10 μ l,10 μ l,10 μ l/spot), per spot respectively on TLC plate, developed with mobile phase and scan at 274 nm. Peak areas corresponding to Rf values 0.31, 0.32, 0.34 were found for Gallic acid in the chromatogram of standard Gallic acid, Awla extract, capsule, and their overlay spectra were shown in the figure.

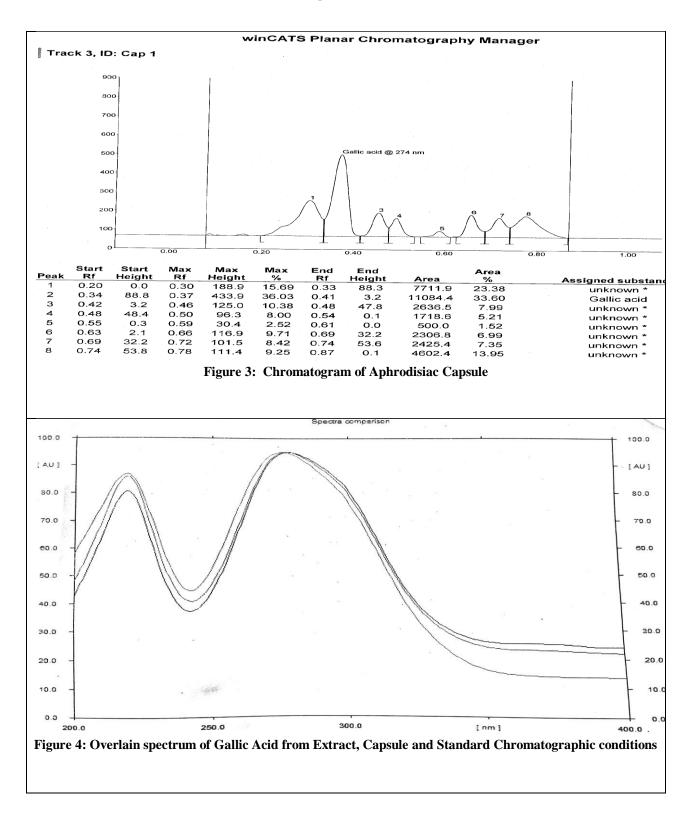
Chromatographic conditions: The chromatographic conditions were established by trial and error method. After stabilizing the condition, it was kept constant during experimentation. Yogesh B. Bawne et al

Cotumotion times

· 20 min

		Saturation time : 20 mil	a.	
Stationary phase :	HPTLC Precoated,	Migration distance	: 70 mm	
silica gel 60, F254 (Merck)		Scanning mode : Absor	rbance / Reflectance	
Thickness	: 0.2 mm	Slit dimension	: 6.0 x 0.45 mm	
Mode of application	: Band	Scanning wavelength	: 274 nm	
Band width	: 6 mm	Detection	:	UV
Separation technique	: Ascending	Densitometric scanning (CA	AMAG TLC 3 Scan)	
Temperature	$: 25 \pm 3^{\circ}$			





Sr.	Parameters	Passing Limits	Test Observation
No.			
1	Description	Transparent vege capsule of size "00" filled with grayish	Complies
		brown to brown coloured	
		granular powder.	
2	Identification by TLC		
		Positive for Protodioscin	Complies
		Positive for Withaferin A	Complies
		Positive for Piperine	Complies
		Positive for Gallic acid	Complies
3	Weight variation		
	Weight of 20 Capsules	14.6000 g ± 7.5 %	14.7085 g
	Average Weight of Capsule	$0.7300 \text{ g} \pm 7.5 \text{ \%}$	0.7354 g
	Weight of 20 Capsules content	12.0000 g ± 7.5 %	12.0566 g
	Average weight of Capsule content	$0.6000 \text{ g} \pm 7.5\%$	0.60283 g
	Uniformity of weight/	$600 \text{ mg} \pm 7.5 \%$	Complies
	Weight variation		
4	Disintegration time	NMT 30 min	8 min
5	Assay		
	Total Saponins ^[26] (By gravimetric)	NLT 10 %	16.23 %
	Fixed oil (By gravimetric)	-	2.46 %
	Total Tannins (By Titration)	- 8.31 %	
	Gallic acid (By HPTLC)	-	0.93 %
10	Heavy Metals		
	Lead	NMT 10.0 ppm	0.49 ppm
	Arsenic	NMT 3.0 ppm	0.10 ppm
	Cadmium	NMT 0.3 ppm	0.002 ppm
	Mercury	NMT 1.0 ppm	0.039 ppm
11	Microbiological study		
	Total microbial plate count	NMT 10^5 cfu/g	195 cfu/g
	Total Yeast and Mould count	NMT 10 ³ cfu/g	22 cfu/g
	Escherichia .coli	Absent/g	Absent
	Salmonella sp	Absent/g	Absent
	Staphylococcus aureous	Absent/g	Absent
	Pseudomonas aeruginosa	Absent/g	Absent

 Table 7: Results of Evaluation of Aphrodisiac Capsule before Stability Test: [17] [28]

Stability Studies: [28]

Selection of Batch: The three samples were selected randomly from each batch, B1, B 2 and B3, as a group of 20 capsules. These samples were packed in the same container and closure system used for packaging.

Storage conditions: The stability of capsules was studied by exposing them to elevated conditions of temperature and humidity. Capsules were kept at 40 ± 20 C to 75 ± 5 % RH in a stability chamber.

Testing frequency: At the accelerated storage condition, the testing frequency of a minimum of three time points, including the initial and final time points, for a 6 month study is recommended.

Therefore, the required sample was withdrawn for analysis of physical parameters at a time interval of 0, 3 and 6 months and evaluated. Capsules were found slightly stuck to each other but easily separated. Results for stability are shown in Table 9.

Physical parameters under accelerated stability study: The evaluation of suspension was done at 3 month intervals at accelerated stability conditions to confirm its stability considering physical parameters. The results are shown in table 9.

Chemical parameters under accelerated stability study: The chemical parameters of an Aphrodisiac product were studied by comparing the HPTLC fingerprinting of the initial as well as in sample

stored at different conditions for 0, 3, 6 months. HPTLC finger print for antacid suspension containing Protodioscin and general peaks at initial stages as the sample stored in different conditions for 0, 3, 6 months are shown in fig.

Study	Storage condition	Minimum time period covered by data a submission	
Long term*	$30^{0} \pm 2^{0} / 65 \text{ RH} \pm 5\% \text{ RH}$	12 months	
Intermediate**	$30^0 \pm 2^0 / 65 \text{ RH} \pm 5\% \text{ RH}$	6 months	
Accelerated	$40^{0} \pm 2^{0} / 75 \text{ RH} \pm 5\% \text{ RH}$	6 months	

Table 8. A **Stability** .+. ndar ICH guidalir oc [14] .

* $25^0 \pm 2^0$ /60 RH ± 5% RH or $30^0 \pm 2^0$ /65 RH ± 5% RH, to be decided by applicant **If $30^0 \pm 2^0$ /65 RH ± 5% RH is the long term and no intermediate condition

If a significant change occurs in the chemical stability at 400 ± 20 to 75% \pm 5% RH for 6 months, the substance is unstable. It is considered unnecessary to continue to test a drug substance for 6 months when a significant change has occurred within the first 3 months.

	Table 9: Results	for stability study of Aphrodisia	c Capsule: [06]	[28]	
Prod	luct Name :Aphrodisiac Produc		• •		
		ition : 40 0c \pm 2 0c/ 75 Rh \pm 5 0c	2		
	Size : 15 Capsules Batch Size			-	1
Sr. no	Parameters	Passing Limits	'O' Month	'3' Month	'6' Month
1	Description	Brown coloured vege. Caps of size '00' filled with grayish brown to brown coloured granular powder	Complies	Complies	Complies
2	Identification test				
		Positive for Protodioscin	Complies	Complies	Complies
		Positive for Gallic acid	Complies	Complies	Complies
4	Uniformity of weight				
	Weight of 20 Capsules	$14.6000 \text{ g} \pm 7.5\%$	14.7085 g	14.6129g	14.509g
	Average Weight of Capsule	0.730g ± 7.5%	0.7384 g	0.7306g	0.7354g
	Weight of 20 Capsules content	12.0000 g ±7.5	12.0566 g	12.0480g	12.0465g
	Average weight of 20 Capsule content	0.6000 g ±7.5	0.60283 g	0.6024g	0.6023g
	Uniformity of weight/ Weight variation	600 mg±7.5	Complies	Complies	Complies
4	Disintegration time	NMT 30 min	8.55 min	9.08 min	9.30 min
5	Assay				
	Total saponin (By gravimetric)	NLT 8%	16.2001 %	-	-
	Fixed oil(By gravimetric)	-	2.460 %	-	-
	Total tannins (By gravimetric) ^[23]	-	8.31 %	-	-
6	Heavy metals				
	Lead	NMT 10 ppm	Complies	Complies	Complies
	Arsenic	NMT 3 ppm	Complies	Complies	Complies
	Cadmium	NMT 0.3ppm	Complies	Complies	Complies
	Mercury	NMT 1 ppm	Complies	Complies	Complies
7	Microbiological study				

Total microbial plate count	NMT 10 ⁵ cfu/g	820 cfu/g	825 cfu/g	830 cfu/g
Total Yeast and Mould count	NMT 10 ³ cfu/g	20 cfu/g	30 cfu/g	24 cfu/g
Escherichia .coli	Absent/g	Complies	Complies	Complies
Salmonella sp	Absent/g	Complies	Complies	Complies
Staphylococcus aureous	Absent/g	Complies	Complies	Complies
Pseudomonas aeruginosa	Absent/g	Complies	Complies	Complies

CONCLUSION:

Awala containing ellagic acid, gallic acid and ascorbic acid are very effective in enhancing drug activity, to enhance absorption, and to enhance sexual activity. So we concluded that all polyherbal formulations should contain natural awala or awala extract. And doctors may write additional vitamin c tablets along with other medication to increase the effectiveness of their medication. The chromatogram of the extract sample and capsule sample exactly matched with the chromatogram of standard Gallic acid. Overlining the spectra of three chromatograms was the same at every point, so we concluded and confirmed that standardization of Gallic acid has been successful. During the stability study, the parameters and specifications of aphrodisiac capsules were not changed. Those changed but they were within limits, and that all the activities and efficacy of natural organic compounds were still active, so we concluded that our formulation was successful.

Acknowledgement:

We are very thankful to Principal Khadbadi Sir (GCOPA), Unmesh Keshwar (QC Lab Head Baidyanath Company), Soumit Pimlapure (Qc Executive), Ashwini Devgirkar (Qc Executive), Anuradha Keshwar (Qc Executive), Tushar sir and Ankit sir (R & D). Thanks to all those helped us directly and indirectly.

REFERENCES:

- 1. Patwardhan B, Mashelkar R. Traditional medicineinspired approaches to drug discovery: can Ayurveda show the way forward. Drug Discov Today 2009; 1-8.
- Dhalwal K, Birada YS, Shinde VM, Mahadik KR, Rajani M. Phytochemical evaluation and validation of a polyherbal formulation using HPTLC. Phcog Mag 2008;4(14):89-95.
- 3. Mukherjee PK, Wahile A. Integrated approaches towards drug development from Ayurveda and other Indian system of medicines. J Ethnopharm 2005; 103:25-35.
- 4. Therapeutics letter 25. Herbal medicines evidence based look available. 1998: http://www.interchange.ubc.ca/jauca as accessed on 7 sept 2010.

- Neelesh Malviyal, Sanjay jain, "Recent Studies On Aphrodisiac Herbs For The Management Of Male Sexual Dysfunction' Acta Poloniae Pharmaceutica &Drug Research, Vol. 68, Page no. 3 to 8, 2011
- 6. Mohapathra P, Shirwaikar A. Aswatha Ram HN. Standardization of a polyherbal formulation. Phcog Mag1998; 13(4):65-69.
- Yadav Prashant , Kanhiya Mahour and Ashok kumar, Standardization and Evaluation of Herbal Drug Formulations, Volume 2, Issue 4 page no 162-164 (2011)
- 8. Chaudhri RD. In herbal drug industry. Eastern publishers. New Delhi 2004:513.
- Jean-Christophe Lagier, Sophie Edouard, Isabelle Pagnier, Oleg Mediannikov, Michel Drancourt, and Didier Raoult. Current and Past Strategies for Bacterial Culture in Clinical Microbiology Clin Microbiol Rev. 2015 Jan; 28(1): 208–236.
- 10. ManjeshwarShrinathBaliga,
ShrinathBaliga,
Arnadi
RamachandrayyaShivashankara,
K.R. Thilakchand,
HepatoprotectiveM.P.Baliga-Rao,
Indian
Gooseberry, 2019, Pages 193-201
- Patwardhan B, Warude D, Pushpangadan P, Bhatt N. Ayurveda and traditional chinese medicine: a comparative overview. Alternate Med 2005; 2 (4):465-473.
- 12. Chaudhari RD. Herbal drug industry. 1st ed. Eastern publishers. New delhi.2003;. 513.
- 13. General guidelines for methodologies on research and evaluation of traditional medicine. World Health Organization, Geneva; 2000: 3-9.
- 14. Guidance for Industry: Q1A Stability testing of new drug substances and products center for drug evaluation and research (CDER). Rev. 1, Fishers Lane Rockville 2001; 8.
- 15. Guideline on Specifications: Test Procedures and Acceptance Criteria for Herbal Substances. Herbal Preparations and Herbal Medicinal Products/Traditional Herbal Medicinal Products, European Medicines Agency Inspections, London, 20 June 2005: CHMP/QWP/2820/00 Rev1.
- 16.Sethi PD.HPTLC Quantitative Analysis of Pharmaceutical Formulations. New Delhi: CBS Publishers and Distributors; 200 Kalia AN. Textbook of Industrial

- 17. Mukherjee PK. Quality control of herbal drugs. 1st ed. New delhi: Business horizons pharmaceutical publishers; 2002. p. 496-504
- 18. Tyagi, R.M., Aswar, U.M., Mohan, V., Bodhankar, S.L., Zambare, G.N. and Thakurdesai, P.A., 2008. Study of Furostenol Glycoside Fraction of Tribulus terresteris. on Male Sexual Function in Rats. *Pharmaceutical biology*, 46(3), pp.191-198.
- 19. Jagdale, S.C., Kuchekar, B.S., Chabukswar, A.R., Lokhande, P.D. and Raut, C.G., 2009. Antioxidant activity of Piper longum Linn. *International Journal of Biological Chemistry*, 3(3), pp.119-125.
- 20. Gayatri, G., Nagore, D.H., Mithilesh, R. and Harsh, G., 2010. Pharmacological evaluation of ayurvedic plants for aphrodisiac activity in experimental animals. *Journal of Complementary & Integrative Medicine*, 7(1).
- 21. Maji, A.K., Mahapatra, S. and Banerjee, D., 2014. In-vivo immunomodulatory potential of standardized pueraria tuberosa extract and its isoflavonoids. *International Journal of Pharmacy and Pharmaceutical Sciences*, 6(1), pp.861-867.
- 22. The Ayurvedic pharmacopoeia of India, page no 214, determination of ether soluble extractive (for fixed oil).
- 23. Total tannins procedure by V. Rajpal vol-2,248.
- 24. EMEA, (2008), Reflection Paper On Markers Used For Quantitative And Qualitative Analysis Of Herbal Medicinal Products And Traditional Herbal Medicinal Products, EMEA/HMPC/253629/2007
- 25. Standarization of Botanicals by Dr. V. Rajpal volume -2, page no.248, Total tannins
- 26. Li, J., Bai, Y., Zhang, P., He, J., Cao, J., An, M., Hu, L.M., Gao, X.M. and Chang, Y.X., 2017. Simultaneous Determination of 5 Flavonoids and 7 Saponins for Quality Control of Traditional Chinese Medicine Preparation Xinnaoshutong Capsule Using HPLC-VWD-ELSD. Journal of analytical methods in chemistry, 2017.
- 27. Mahajan, R.T. and Gajare, S.M., 2012. Manifestation of erectile dysfunction with adaptogenic antioxidant aphrodisiac plants. *International Journal of Pharmacological Biomedical Research*, 3(1), pp.52-68.
- 28. Xiao-Bing Wang, jing Zheng, Jun-JieLi, Analysis of 23 illegal adulterated aphrodisiac chemical ingredients in health foods and Chinese traditional, March 2018, Version of Record 2 July 2018, Volume 26, Issue 3, July 2018, Pages 1138-1153
- 29. Subramani Parasuraman, Gan Siaw Thing, and Sokkalingam Arumugam Dhanaraj,

Polyherbal formulation: Concept of ayurveda, Pharmacogn Rev. 2014 Jul-Dec; 8(16): 73–80