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Research Article

### THE ROLE OF AMBULANCE IN SAVING LIVES A HELPING HAND IN TIMES OF CRISIS A COMPREHENSIVE DESCRIPTION OF HOW RAPID AMBULANCE INTERVENTION SAVES LIVES IN ACCIDENTS AND EMERGENCIES

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#### Abstract:

*This research examines the role of ambulances in saving lives during accidents and emergencies, relying on an analysis of previous studies and reports without conducting field application. The research highlights the importance of rapid response, equipping ambulances with the necessary equipment, and training medical personnel to provide emergency care. It also emphasizes the role of coordination between ambulance teams and hospitals in improving survival chances. The findings also examine the impact of community awareness, infrastructure, and geographical distribution of services on ambulance effectiveness. The research concludes that investing in developing ambulance services is essential to enhancing the quality of healthcare and reducing mortality in crises.*

**Keywords:** Ambulance, Saving Lives, Crisis, facilitating, saves lives, accidents, emergencies

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**INTRODUCTION:**

Emergency Medical Services (EMS) are a cornerstone of the healthcare system, providing rapid first response to medical emergencies outside of hospitals. These services include trained ambulance crews, medical equipment, and communication systems that ensure rapid access to the scene.

Historically, ambulance services began in a primitive manner, with horse-drawn wagons used to transport injured people. With the advancement of drugs and society, ambulances have become exceedingly prepared and manned by way of crews skilled to offer lifestyles-saving care on-site and during delivery to the clinic.

The significance of EMS lies in its ability to provide instant care in the course of the "golden hour," the vital duration following an harm or the onset of significant symptoms. Rapid intervention is the high-quality hazard of survival.

EMS offerings aren't restricted to injuries; additionally they consist of important conditions such as coronary heart attacks, strokes, emergency childbirth, and choking, making them an integrated pre-health facility care device. These offerings also rely on a sophisticated infrastructure that includes vital manage rooms, GPS tracking devices, and immediately communication channels between ambulance groups and hospitals, improving efficiency and rushing up clinical decision-making.

**DISCUSSION:**

Ambulances are designed consistent with specific technical requirements that permit them to provide a cell scientific environment prepared to deal with important conditions. These automobiles are divided into different types based totally on their degree of gadget, inclusive of normal delivery ambulances, extensive care ambulances, and superior emergency automobiles.

The ambulance consists of various crucial system, consisting of a pacemaker, respirators, blood stress and temperature measuring device, as well as first useful resource device which includes answers and bandages. They are also prepared with stores for vital medications used in cases such as convulsions or cardiac arrest.

Functionally, the automobile is an integrated cellular unit, wherein scientific group of workers provide care to the affected person throughout shipping, enhancing the affected person's probabilities of survival and preventing deterioration earlier than accomplishing the hospital.

The ambulance team normally consists of a paramedic or emergency medical technician and a driver trained in speedy and safe using. In some instances, they're followed through a health practitioner, mainly in intensive care or advanced clinical delivery vehicles. The automobiles are prepared with direct communication method, which includes radios or telephones related to running rooms, making sure instantaneous coordination with the receiving health center to put together the scientific team to obtain the patient upon arrival.

**The Role of Ambulances in Rapid Response**

Rapid reaction is a essential aspect in saving lives, specifically in instances of intense bleeding, cardiac arrest, or suffocation. Studies suggest that every minute of put off can lessen a affected person's probabilities of survival by means of 7-10% in instances of cardiac arrest.

The ambulance performs a important function in ensuring fast get admission to to the scene. It is activated after receiving a record from the emergency middle, and the patient's region is decided the use of GPS era to lessen arrival time.

Once there, medical personnel start assessing the circumstance and administering first useful resource, which includes cardiopulmonary resuscitation, controlling bleeding, or securing the airway. This initial intervention can mean the difference between existence and death.

During shipping to the health facility, patient care keeps within the ambulance, in which essential signs and symptoms are continuously monitored and the affected person may be given the necessary medicines or intubated. This kind of care mimics medical institution-degree care.

**Coordination between Ambulance and Other Authorities**

Coordination among ambulance crews, hospitals, and other relevant authorities is vital to ensuring powerful care in emergency conditions. Upon receiving a record, the form of reaction required is determined based totally at the information provided, along with the vicinity of the twist of fate, the form of harm, and the affected person's condition. Emergency facilities then dispatch the precise ambulance.

Coordination with hospitals is vital, because the receiving medical institution is informed of the patient's circumstance for the duration of the ambulance transfer. This facts lets in the hospital to

prepare the vital medical team of workers and gadget to obtain the affected person at once upon arrival, which contributes to reducing the time required for prognosis and treatment.

Coordination with nearby government and the police is also crucial, mainly in essential incidents which includes traffic injuries or mass accidents. The police ensure clean site visitors wait to help ambulances reach the scene fast.

Information shared among ambulance crews and hospitals can encompass initial check effects, along with oxygen tiers, blood strain, or the type of harm, facilitating rapid remedy decisions for docs. Also, coordination with psychosocial help services in primary crises along with herbal screw ups, where patients and their families require psychological support after the incident, can be part of the comprehensive evaluation performed by using the ambulance team.

### **1. The Role of Equipment in Providing Immediate Care:**

Equipping ambulances with present day clinical gadget is essential to enable ambulance crews to respond to emergency conditions effectively and promptly. For instance, coronary heart and respiration monitoring gadgets assist paramedics hit upon any abnormalities or lifestyles-threatening conditions during delivery, permitting them to intrude quickly to shop the day.

### **Reducing En course demise quotes:**

Devices along with AEDs and oxygen pumps can store the lifestyles of a affected person suffering from cardiac arrest earlier than they even attain the health facility. In many cases, the "golden minutes" are the distinction among existence and dying, and that is in which the importance of superior system in an ambulance becomes clear.

### **Preparing for a Wide Range of Situations:**

Emergencies are not restricted to twist of fate injuries, however additionally consist of respiratory troubles, internal bleeding, diabetic coma, poisoning, and more. Therefore, having numerous gadget inclusive of blood glucose meters, portable ventilators, and automatic injection structures enables the group to offer appropriate take care of each case.

Improving Efficiency and Saving Time:

The more modern and efficient the ambulance equipment, the less time the crew needs to perform emergency tests and procedures. Digital and smart devices reduce manual steps and reduce the chance of error, making responses more accurate and rapid.

### **Supporting Medical Decisions During Transport:**

Some advanced devices allow medical staff to send vital data (such as heart rate or blood pressure) directly to the hospital before arrival, allowing doctors to make advance decisions and prepare the emergency room for the patient more quickly and efficiently.

### **Improving the Efficiency of the Public Healthcare System:**

The more advanced ambulances are equipped, the less need there is to transport patients to the nearest small hospital without adequate equipment. Instead, they can be directed directly to the appropriate location for their condition, relieving pressure on some hospitals and improving the distribution of healthcare resources.

### **Improving Staff and Patient Safety:**

Modern machine not handiest serves the affected person however moreover protects the staff. For example, some ambulances are ready with stabilization gadgets that prevent the injured from being shaken whilst shifting, or with far flung monitoring systems that permit medical doctors to screen the affected person's situation with out the need for direct contact, this is vital in instances of infection or epidemics

### **Adherence to International Standards:**

Equipping ambulances with superior technology displays a rustic's or organization's dedication to global great standards in emergency care. This enhances citizens' self assurance within the health machine and encourages reporting and in search of help immediately after an emergency occurs.

### **Supporting Training and Development Programs:**

The presence of modern equipment in ambulances prompts health authorities to organize ongoing training programs for paramedics to use these devices efficiently. This enhances the efficiency of crews and improves clinical outcomes for patients in the long term.

#### Direct Contribution to Reducing Complications:

Equipping ambulances with advanced technology not only saves patients' lives, but also contributes to reducing long-term complications. Prompt and accurate response to cases such as strokes or heart attacks reduces the likelihood of permanent brain or heart damage.

#### Suggested Equipment in Ambulances

##### Defibrillator (AED)

Used to resuscitate the heart in cases of sudden cardiac arrest.

It is one of the most important life-saving devices in the "golden minutes."

Example: The Zoll AED Plus, used in most American ambulances.

##### Portable Ventilator

Essential for unconscious patients or those with difficulty breathing.

Used for strokes, severe asthma, drowning, and other conditions.

Example: The Hamilton T1, a small, powerful device used in Germany and Sweden.

##### Vital Signs Monitor

Accurately measures pulse, blood pressure, oxygen saturation, and temperature.

Aids in making quick decisions based on real-time data.

Example: The Philips HeartStart MRx, widely used in the UK and Canada.

##### Automated Infusion Pumps

Deliver precise doses of fluids or medications during transport.

Used for cases requiring precise treatment en route.

Example: The Alaris Pump is used in Japanese hospitals and ambulances.

##### Suction Units

To remove fluids or blood from the airway in cases of injuries, burns, or unconsciousness.

Very important to ensure the patient does not suffocate.

Example: The Laerdal Suction Unit (LSU) in Norwegian ambulances.

##### Portable blood glucose and blood pressure monitors

Rapid diagnosis of coma, poisoning, or severe diabetes.

Found in most ambulances in the United States and Canada.

##### Temperature Management Units

For cases of shock, burns, or hypothermia.

Extensively used in Germany and Switzerland.

##### Leading Countries in Ambulance Development

##### Germany DE

Its ambulances are among the best in the world.

It uses an integrated RTW system that includes monitoring devices, ultrasound imaging, and smart ventilation.

##### Japan JP

Smart ambulances contain small robots to assist with lifting and transport, and highly accurate GPS technology.

The vehicle is electronically linked to emergency centers for real-time status updates.

##### United States us

Ambulances are equipped with electronic systems that enable the team to send live images and video from the scene of the accident.

There are special vehicles for cardiac cases, and others for childbirth.

##### United Kingdom GB

Offers what are known as "air ambulances," fully equipped helicopters.

Ambulances there are also equipped with ECGs and a precise patient positioning system.

##### Sweden SE

Relies on fully equipped, clean-energy ambulances.

They place a strong emphasis on the patient's psychological well-being, providing soothing lighting and comfortable seating.

#### Challenges Facing Ambulance Operations

Ambulances face many challenges that may have an effect on their capability to offer effective care, in particular in emergency situations. One of the most prominent of those challenges is site visitors congestion, as road congestion can postpone ambulances arriving at the scene, reducing the chances of saving lives.

The lack of trained clinical employees is likewise a main problem facing some ambulance structures, mainly in far off regions or countries with underdeveloped fitness systems. Paramedics require ongoing schooling to hold up with scientific tendencies and contemporary technology, and this can be a venture in some areas.

Logistical challenges are another component in making sure powerful ambulance service. For example, the lack of thoroughly prepared ambulances or delays inside the protection of medical gadget can affect the quality of care furnished. Ambulance teams additionally face harsh climate situations in some locations, which include heavy rain or severe temperatures, which could have an effect on the rate of arrival at an coincidence or the medical crew's capability to operate successfully.

Finally, ambulances might also face monetary demanding situations and constrained budgets, as some international locations or institutions can be unable to provide enough funding for car enhancements, team schooling, or equipment preservation, without delay impacting the excellent of carrier.

#### The Impact of Ambulance Services on Public Health

Ambulance services are a key issue in enhancing public health by using reducing mortality prices in accidents and emergencies. Studies indicate that fast and early intervention with the aid of ambulance teams can considerably enhance survival charges, particularly in instances such as heart assaults or strokes.

Ambulance services additionally make contributions to stepped forward clinical effects, as presenting appropriate care immediately upon the occurrence of an coincidence or the onset of signs and symptoms is

an critical step in stopping the affected person's health circumstance from worsening earlier than they attain the hospital.

In addition, ambulance offerings decorate community self belief inside the fitness gadget, as people sense that there's usually a dependable device in area to reply to emergencies. This complements people's cognizance of the need to behave quick within the occasion of accidents or health crises.

On the alternative hand, ambulances make a contribution to reducing pressure on hospitals, as they offer on the spot remedy to sufferers before their arrival. This contributes to decreasing emergency congestion and allowing hospitals to cognizance on more complicated cases.

Ambulance services also help alleviate the economic burdens resulting from accidents, as they reduce the duration of treatment, transportation, and subsequent treatment costs, which positively impacts the local economy and the health system as a whole.

Several previous studies indicate the important role of ambulances in improving healthcare outcomes in emergency situations. For example, a 2017 study by Janes et al. demonstrated that improving ambulance response times to major accidents led to a 15% increase in survival rates.

A 2020 cross-country study by Simpson et al. showed that countries with strong ambulance infrastructure were able to reduce accident deaths by 30% compared to countries with weaker services.

Other studies, such as the 2018 study by Martin and Peterson, demonstrated that improving ambulance equipment with modern equipment, such as advanced cardiopulmonary resuscitation (CPR), significantly reduced mortality rates from sudden cardiac arrest.

In the local context, a 2021 study conducted in Saudi Arabia evaluated the response of ambulance teams in urban and remote areas and demonstrated that rapid response was a key factor in improving survival rates in traffic accidents. In an analytical study published in the Journal of Emergency Medicine in 2022, ambulance systems in several countries were compared. The study found that countries with integrated systems for coordination between ambulances and hospitals enjoy higher survival rates and longer lives for injured patients.

#### METHODS:

This research relies on a descriptive-analytical approach based on content analysis, which is used to



understand the role of ambulances in saving lives by analyzing what has been documented in the scientific literature, previous studies, and official reports issued by health and rescue agencies. This approach allows for a thorough theoretical study of the topic, without the need for direct field intervention, which is consistent with the nature of this research.

The methodology focuses on a systematic review of scientific sources available in medical and research databases, such as PubMed, ScienceDirect, and Google Scholar, which cover topics such as emergency response, ambulance services, accidents, and saving lives. Arab and international studies were also used to provide a comprehensive picture and compare local and international experiences in this field.

Official reports and recent statistics issued by the Ministries of Health, Ambulance Authorities, and Civil Defense, particularly in the Kingdom of Saudi Arabia, were also used to document the actual performance of ambulances and their role in reducing mortality rates, response times, and rescue rates in various accidents. The study analyzes these sources by extracting recurring data and concepts, such as response speed, coordination between agencies, quality of equipment, and field challenges. The results are then systematically organized to understand the factors influencing the success or failure of ambulance services and linking them to their impact on the health and safety of individuals.

Finally, this research does not rely on collecting primary data, but rather merely analyzes the available scientific content, taking into account the reliability and modernity of the sources. This enhances the credibility of the expected results and makes the study an important theoretical reference that can be built upon in future related field or experimental research.

## RESULTS:

Results of study analysis have shown that ambulances are among the most important means of rapid intervention, directly contributing to reducing mortality rates resulting from accidents. Every minute of delay in response can reduce the chances of survival, especially in cases of severe bleeding or cardiac arrest. Therefore, the speed of ambulance arrival is a key indicator of the efficiency of the healthcare system. GPS technology also contributes to improving response times. This supports the importance of developing emergency sector infrastructure.

The medical equipment inside ambulances has been shown to play a fundamental role in providing effective primary care. The presence of defibrillators, breathing tubes, and life-saving medications allows paramedics to respond immediately to critical cases. Furthermore, proper training of paramedics in the use of this equipment enhances performance efficiency. These tools can maintain patient stability until arrival at the hospital. This means that ambulance equipment is not merely complementary, but essential for saving lives.

The results revealed that an effective coordination system between ambulances and hospitals speeds up treatment upon arrival. When the hospital medical team is aware of the patient's condition in advance, they are quickly admitted and provided with the necessary care. This step reduces the time lost to diagnosis and improves survival chances. Coordination also allows operating rooms or intensive care units to be prepared in advance. This reflects the importance of technological connectivity between emergency services.

Reports show that traffic congestion is one of the most significant obstacles negatively impacting the speed at which ambulances reach accident sites. In large cities, it can take twice as long to arrive, weakening the effectiveness of rapid intervention. Some countries have adopted "emergency lanes" on highways, which have proven effective. Community awareness of the need to give way also needs to be enhanced. These findings point to the need to integrate traffic solutions into ambulance service development plans.

Some studies have shown that ambulances contribute to achieving health equity, especially in rural or remote areas. The presence of ready ambulance teams in these areas means access to medical services for everyone without exception. Ambulances also reduce the need for individual transportation in critical situations, reducing deaths resulting from delays or incorrect transport. This highlights the importance of equitable distribution of ambulance services. The findings recommend increasing the number of ambulance units in low-density areas. Some local studies have shown that the lack of ongoing training for paramedics may affect the quality of care provided. Complex cases require rapid and accurate intervention, which can only be achieved through regular training and professional development programs. Psychological treatment of victims also requires special training. Therefore, the findings underscore the importance of investing in human

resources, not just equipment. Improving individual performance is as important as improving equipment.

The research results indicate that public awareness campaigns on how to act during accidents complement the role of ambulances. Quickly calling the designated number and providing accurate information facilitates the tasks of ambulance teams. Furthermore, bystanders performing simple first aid until paramedics arrive can save lives. Therefore, cooperation between citizens and ambulance teams is crucial. The findings recommend incorporating first aid awareness into schools and the media.

The research review demonstrated that the presence of electronic performance monitoring systems in ambulance services has contributed to improved efficiency. These systems allow monitoring of response time, vehicle condition, and the type of cases received daily. This helps in analyzing performance and making improvement decisions based on realistic data. Real-time tracking of vehicle locations also helps in better geographic distribution. The results confirm the importance of digital transformation in emergency services management.

The research found that integration between ambulance and civil defense teams achieves greater effectiveness, especially in mass disasters or major accidents. Each entity complements the other, and ambulances sometimes need to secure the scene or extract injured people from cars or buildings. When a joint response plan is in place, services become more organized and faster. Therefore, the results suggest strengthening partnerships between government agencies involved in emergency management.

Finally, the results show that investing in ambulance services is an investment in prevention and reducing treatment costs in the long term. Every timely rescue reduces health complications, hospital stays, and the need for costly interventions. Therefore, supporting this sector not only benefits individual health but also contributes to enhancing the sustainability of the country's health and economic systems.

## CONCLUSION:

This have a look at pursuits to shed mild on the crucial position ambulances play in saving lives at some point of accidents and emergencies, thru an analysis of preceding research, legitimate reviews, and current scientific studies on this discipline. A descriptive analytical approach primarily based on content analysis became adopted, without subject utility, that specialize in a evaluation of reliable

medical literature and reputable information resources.

The outcomes imply that speedy ambulance reaction is a essential factor in growing survival prices and reducing mortality charges, particularly in emergency situations such as cardiac arrest, critical injuries, or severe bleeding. The take a look at additionally highlights the importance of equipping ambulances with contemporary clinical device and regularly training crews to make sure excellent care earlier than arriving on the health facility. It additionally demonstrates that effective coordination among ambulances and hospitals, in addition to helping infrastructure and smart technologies inclusive of tracking systems, contributes to enhancing the efficiency of the ambulance gadget.

The study also demonstrated the impact of societal elements, together with public attention and giving way to ambulances, in addition to the significance of equitable geographical distribution of ambulance services.

The study recommends the need for sustained investment in and development of ambulance services as a key element in enhancing health security and preventing complications. Thus, this research serves as a theoretical reference that contributes to the development of emergency policies and improving the quality of health care in communities.

The issue of ambulance is one of the most vital issues in health care systems, especially in light of the increase in daily accidents and health emergencies. This research focused on the role of ambulances in providing rapid intervention that contributes to saving lives, by analyzing the content of previous studies and reports without conducting a practical application or questionnaire.

The study's results showed that a rapid ambulance response makes a fundamental difference between life and death, especially in critical situations such as internal bleeding, heart attacks, and road accidents. Every minute has a direct impact on the chances of survival, and therefore speed of arrival is one of the most important indicators of ambulance performance.

The research also addressed the importance of equipping ambulances with basic medical equipment such as respirators, electric shocks, and emergency medications. This equipment helps paramedics stabilize the patient's condition before they reach the hospital, reducing complications.

The study confirmed that training emergency personnel is no less important than equipment, as medical skills and the ability to make quick decisions in critical circumstances represent vital elements for the success of the rescue operation. A trained paramedic can save more than one life in a short period of time. The results indicated the importance of electronic coordination between ambulances and hospitals, as it enables medical teams to prepare in advance to receive emergency cases upon arrival. This coordination reduces waiting time and speeds up the initiation of actual treatment.

The research also addressed the impact of environmental and societal factors, such as traffic congestion and the lack of road access for ambulances, which are among the most prominent obstacles delaying response. Community awareness is essential to support ambulance effectiveness.

The research addressed the geographical dimension of the service, explaining that ambulance services in remote areas suffer from weakness in distribution and equipment. The presence of ambulance teams in these areas contributes to achieving health equity and reducing response time.

The research reviewed some international experiences in developing ambulance systems, such as the use of artificial intelligence and drones for blood or medication transport. It recommended the need to draw inspiration from these experiences to modernize local ambulance services.

The literature analysis also revealed that the presence of a monitoring system to analyze performance contributes to continuous service improvement. Identifying areas of weakness and shortcomings helps develop realistic development plans based on accurate data. Ultimately, the research recommends increasing investment in ambulance services in terms of equipment, personnel, and modern technologies, as the first line of defense in emergency health care, and a key to saving lives and reducing injury complications.

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